



**District of Columbia
Department of Mental Health
Directory of
Mental Health Rehabilitation Services Agencies
2008 - 2009**



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**District of Columbia
Department of Mental Health
Core Services Agency (CSA)
Listings**



Access HelpLine (AHL)



The **Access HelpLine (AHL)** is a telephone-based service center operated by the DC Department of Mental Health twenty-four (24) hours per day, seven (7) days per week. The Access HelpLine provides crisis intervention, information and referrals, service authorizations, and eligibility and enrollment to the DMH system of care.

1(888)7WE-HELP or 1(888)793-4357

Anchor Mental Health

Address: 1001 Lawrence Street NE, Washington, DC 20017

Phone: (202) 635-5900

Metro: Red Line – Brookland/CUA

Buses: 80

Hours: 8:00 am – 6:00 pm Monday, Wednesday & Friday

8:30 am – 9:00 pm Tuesday & Thursday

10:00 am – 2:00 pm Saturday (Saturday and evening hours by appointment only)

Population Served – Adults (18 & over)

Services

- **Diagnostic and Assessment**
- **Medication and Somatic Treatment**
- **Community Support**
- **Counseling**
- **Day Rehabilitation Service**
- **Supported Employment Program**

Program Summary

Anchor Mental Health (AMH) AMH provides treatment and support to adults with serious and persistent mental illness. Along with community support and psychiatric clinic services, **AMH** offers individual and group therapy, Rehabilitation/Day Services, supported employment, and hosts a consumer resource center. **AMH** has a staff of trained counselors, professional licensed mental health clinicians and psychiatrists to assist individuals with their mental health recovery.

Enrollment

To enroll, consumers may either call **Anchor Mental Health** to set up an intake appointment or call the **Access Helpline** for linkage to **AMH**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment.

Languages

- English
 - Spanish
 - American Sign Language
-

Community Action Group

Address: 3325 13 Street, SE, Washington, DC 20020
Phone: (202) 373-0655
Metro: Buses:
Hours: 9:00 am – 6:00 pm Monday, Wednesday & Friday
9:00 am – 9:00 pm Tuesday & Thursday
(Saturday and evening hours by appointment only)

Population Served – Adults (18 & over)

Services

- **Diagnostic and Assessment**
- **Community Support**
- **Counseling**

Program Summary

Community Action Group AMH provides treatment and support to adults with serious and persistent mental illness. Along with community support and psychiatric clinic services, **AMH** offers individual and group therapy, Rehabilitation/Day Services, supported employment, and hosts a consumer resource center. **AMH** has a staff of trained counselors, professional licensed mental health clinicians and psychiatrists to assist individuals with their mental health recovery.

Enrollment

To enroll, consumers may either call **Community Action Group** to set up an intake appointment or call the **Access Helpline** for linkage to **CAG**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment.

Languages

- English

Community Connections, Inc.

Address: 801 Pennsylvania Avenue SE, Washington, DC 20003

Phone: (202) 546-1512

Web site: www.ccdcl.org

Metro: Orange/Blue Line - Eastern Market Station

Buses: 32, 34, 90, 92

Hours: 8:00 am – 6:00 pm Monday – Friday (Saturday and evening hours by appointment only)

Population Served – Adults, Children/Youths & Families

Services

- Diagnostic and Assessment
- Medication and Somatic Treatment
- Community Support
- Counseling/Therapy
- Day Rehabilitation Service
- Supportive Employment
- Community Based Intervention - CBI Level II & III
- Assertive Community Treatment (ACT)

Program Summary

Community Connections, Inc. (CCI) is a Core Services Agency (CSA) that provides a full range of supportive and residential services including individual, group, and family treatment to adults with serious and persistent mental illness and children/youth with serious emotional disturbances. **CCI** has a staff of trained professional licensed mental health clinicians, community support specialists, psychiatrists and other specialty rehabilitative staff to assist individuals with their mental health recovery. Specialty areas include trauma recovery, Forensics, HIV/AIDS, Co-occurring addiction/mental health disorders, and homelessness. The agency also offers supported employment, Rehabilitation/Day Services, psychiatric outpatient care and psychotherapy.

Enrollment

To enroll, consumers may either call **Community Connections, Inc.** to set up an intake appointment or call the **Access Helpline** for linkage to **CCI**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment. **CCI** accepts DC Medicaid (including DC HMO's of Amerigroup, Health Right, and Charter Health), Medicare, private pay and has a sliding scale.

Languages

- English
- Spanish
- American Sign Language
- Korean
- Italian
- French
- Hindi and Bengali

D.C. Community Services Agency

Address: 35 K Street NE, Washington, DC 20002 (Main Site)
Phone: (202) 442-4202
Metro: Red Line – Union Station
Buses: 80 & D4
Hours: 8:15 am – 6:00 pm Monday thru Wednesday & Friday;
8:15 am – 9:00 pm Thursday (Saturday and evening hours by appointment only)

Population Served – Specialty Services Only

Services

- Referrals from CSOSA, Family Treatment Court, DC Linkage Plus and Restoration Competency
- Deaf/Hearing Impaired Consumers
- Co-occurring Mental Illness and Developmental Disabilities
- Multicultural or Language Access Needs
- Assertive Community Treatment (ACT)
- Community Based Intervention (CBI)
- SURE (Service Upon Request- Enhanced)

Program Summary

D.C. Community Services Agency (DCCSA) The Department of Mental Health's Community Services Agency provides many treatment interventions including Assertive Community Treatment (ACT), and services to individuals who are hearing impaired. The Assertive Community Treatment (ACT) services are provided 24 hours per day/seven days per week.

Enrollment

To enroll, consumers may either call **D.C. Community Services Agency** to set up a SURE intake appointment or call the **Access Helpline** for linkage to **DCCSA**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment.

Languages

- English
- Filipino
- Mandarin
- American Sign Language
- Japanese
- Portuguese
- Hindi
- Urdu

Family and Child Services of WDC, Inc.

Address: 509 16th Street NW, Washington, DC 20003
Phone: (202) 543-0387
Metro: Red Line – Dupont Circle Station; Blue/Orange Line - Farragut North
Buses: S2, S4, G8
Hours: 8:30 am - 8:00 pm Monday, Wednesday & Friday
8:30 am – 9:00 pm Tuesday & Thursday
(Saturday and evening hours by appointment only)

Population Served – Youths

Services

- **Diagnostic and Assessment**
- **Medication and Somatic Treatment**
- **Community Support**
- **Counseling**

Program Summary

Family and Child Services of WDC, Inc (FCS) provides individual and group treatment, (therapy and counseling) to youths with serious and persistent mental illness. **FCS** has a staff of trained counselors, professional licensed mental health clinicians, community support specialists and psychiatrist to assist individuals with their mental health recovery.

Enrollment

To enroll, consumers may either call **Family Child Services of WDC, Inc.** to set up an intake appointment or call the **Access Helpline** for linkage to **FCS**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment. **FCS** accepts DC Medicaid (including DC HMO's).

Languages

- English
-

Family Preservation

Address: 810 Potomac Avenue SE, Suite 107, Washington, DC 20003

Phone: (202) 543-0387

Contact: Harold Singletary, MS - Executive Director

Metro: Blue Line – Navy Yard Station

Buses: 30

Hours: 9:00 am – 7:30 pm Monday & Wednesday

9:00 am – 6:30 pm Tuesday, Thursday & Friday

9:00 am – 1:00 pm Saturday (Saturday and evening hours by appointment only)

Population Served – Adults (18 & over) & Youths

Services

- Diagnostic and Assessment
- Medication and Somatic Treatment
- Community Support
- Counseling
- Assertive Community Treatment (ACT)
- Community Based Intervention (CBI) Levels II & III

Program Summary

Family Preservation provides individual and group treatment, (therapy and counseling) to youths and adults with serious and persistent mental illness. **Family Preservation** has a staff of trained counselors, professional licensed mental health clinicians and psychiatrists to assist individuals with their mental health recovery.

Enrollment

To enroll, consumers may either call **Family Preservation** to set up an intake appointment or call the **Access Helpline** for linkage to **Family Preservation**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment.

Languages

- English
- American Sign Language

Fihankra Place, Inc.

Address: 810 Potomac Avenue SE, Washington, DC 20003
Phone: (202) 547-8450 (office); (202)-497-6773 (After hours)
Metro: Blue Line – Navy Yard Station
Buses: 30
Hours: 9:00 am – 5:00 pm Monday thru Friday
(Saturday and evening hours by appointment only)

Population Served – Youths

Services

- Diagnostic and Assessment
- Medication and Somatic Treatment
- Community Support
- Counseling

Program Summary

Fihankra Place, Inc. (FPI) provides individual and group treatment, (therapy and counseling) to youths with serious and persistent mental illness. **FPI** has a staff of trained counselors, professional licensed mental health clinicians and psychiatrists to assist individuals with their mental health recovery.

Enrollment

To enroll, consumers may either call **Fihankra Place, Inc.** to set up an intake appointment or call the **Access Helpline** for linkage to **FPI**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment.

Languages

- English
- Spanish
- American Sign Language

First Home Care Corporation

Address: 1012 14th Street NW, Washington, DC 20005
Phone: (202) 737-2554
Metro: Blue/Orange Line - McPherson Square Station
Buses: 80
Hours: 9:00 am – 6:00 pm Monday, Wednesday & Friday
9:00 am – 9:00 pm Tuesday & Thursday
9:00 am – 1:00 pm Saturday (Saturday and evening hours by appointment only)

Population Served – Youths

Services

- Diagnostic and Assessment
- Medication and Somatic Treatment
- Community Support
- Counseling
- Home-Based Counseling (Limited)
- Community Based Intervention (CBI) Levels II & III

Program Summary

First Home Care Corporation (FHCC) provides individual and group treatment, (therapy and counseling) to youths with serious and persistent mental illness. **FHCC** has a staff of trained counselors, professional licensed mental health clinicians and psychiatrists to assist individuals with their mental health recovery.

Enrollment

To enroll, consumers may either call **First Home Care Corporation** to set up an intake appointment or call the **Access Helpline** for linkage to **FHCC**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment.

Languages

- English
 - Spanish
 - American Sign Language
-

Georgetown KIDS Mobile Medical Clinic (KMMC) Community Mental Health Program

Address: 1229 G St, SE Washington, DC 20003

Phone: 202-444-8888

Metro: Blue and Orange Line, Potomac Ave Station

Buses: 30, 32, 34, 35, 36 (on Pennsylvania Ave. in circle)

A11 (w/b on Pennsylvania Ave.—1 Saturday early AM trip)

B2 (s/b buses on 15th St., n/b buses on Pennsylvania Ave east of circle)

J13 (in circle at escalators--1 Saturday early AM trip)

K11 (in circle at escalators - Saturday and Sunday early AM only)

M6 (in circle at escalators)

V7, V8, V9 (on Pennsylvania Ave. East of circle; on Potomac Ave. south of circle)

Hours: Monday – Friday 9 am – 5 pm

Evening hours available by appointment

Population Served – Children and Youth

Services

- Diagnostic and Assessment
- Medication and Somatic Treatment
- Community Support
- Counseling

Program Summary

KMMC Community Mental Health Program

The KIDS Mobile Medical Clinic (KMMC) Community Mental Health Program provides mental health services to children and adolescents in the District of Columbia. Services are provided using a multidisciplinary approach to care that encourages the collaboration of the medical health provider, the mental health providers, and the family. We will make every attempt to collaborate with a consumer's primary care provider to ensure comprehensive services. For consumers without a primary care provider, referrals will be made to the KIDS Mobile Medical Clinic for medical services, at no out of pocket expense to families.

Enrollment

Referrals are accepted primarily through the KIDS Mobile Medical Clinic. Services can also be accessed through the DMH Access Helpline. We are a Chartered, Unison and HSCSN behavioral health provider.

To enroll, consumers may either call **KMMC Community Mental Health Program** to set up an intake appointment or call the Access Helpline for linkage to **KMMC Community Mental Health Program**. If no one is available to give you an appointment, Access Helpline will leave a message for you requesting someone to contact you for an intake appointment.

Languages

- English

Green Door

Address: 1221 Taylor Street NW, Washington, DC 20011
Phone: (202) 464-9200
Metro: Green Line - Georgia Avenue/Petworth Station
Buses: 70, 71, 52, 54, S2, S4
Hours: 8:30 am – 5:00 pm Monday thru Friday
(Saturday and evening hours by appointment only)

Population Served – Adults (18+)

Services

- **Diagnostic and Assessment**
- **Medication and Somatic Treatment**
- **Community Support**
- **Counseling**
- **Jail Diversion**
- **Forensic Services**

Program Summary

Green Door provides individual and group treatment, (therapy and counseling) to adults with serious and persistent mental illness. **Green Door** has a staff of trained counselors, professional licensed mental health clinicians and psychiatrists to assist individuals with their mental health recovery.

Enrollment

To enroll, consumers may either call **Green Door** to set up an intake appointment or call the **Access Helpline** for linkage to **Green Door**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment.

Languages

- English
- Spanish
- German

Hillcrest Children's Center

Address: 1325 W Street NW, Washington, DC 20009
Phone: (202) 232-6100
Metro: Green Line/Yellow- U Street/Cardozo Station
Buses: 90, 92, 96, 66, B4
Hours: 9:00 am - 8:00 pm Monday thru Thursday
9:00 am - 5:00 pm Friday
9:00 am - 2:00 pm Saturday (Saturday and weekend hours by appointment only)

Population Served – Children, Youths, Adults & Families

Services

- Diagnostic and Assessment
- Medication and Somatic Treatment
- Community Support
- Counseling
- Community Based Intervention (CBI) Levels II & III
- Residential Crisis Emergency

Program Summary

Hillcrest Children's Center (HCC) provides individual and group treatment, (therapy and counseling) to children, youths, adults and their families with serious and persistent mental illness and/or substance use and abuse treatment services. **HCC** has a staff of trained counselors, professional licensed mental health clinicians and psychiatrists to assist individuals with their mental health recovery.

Enrollment

To enroll, consumers may either call **Hillcrest Children's Center** to set up an intake appointment or call the **Access Helpline** for linkage to **HCC**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment.

Languages

- English
- Spanish
- American Sign Language

Latin American Youth Center

Address: 1419 Columbia Road NW, Washington, DC 20009
Phone: (202) 319-2229
Metro: Green Line - Columbia Heights Station
Buses: 52, 54, H2, H4, H8, 51, 52, 53
Hours: 9:00 am – 6:00 pm Monday thru Friday
(Saturday and evening hours by appointment only)

Population Served – Youths (12-21)

Services

- **Diagnostic and Assessment**
- **Medication and Somatic Treatment**
- **Community Support**
- **Counseling**

Program Summary

Latin American Youth Center (LAYC) has a primary focus on Spanish or Latin youths. **LAYC** provides individual and group treatment, (therapy and counseling) to youths with serious and persistent mental illness. **LAYC** has a staff of trained counselors, professional licensed mental health clinicians and psychiatrists to assist individuals with their mental health recovery.

Enrollment

To enroll, consumers may either call **Latin American Youth Center** to set up an intake appointment or call the **Access Helpline** for linkage to **LAYC**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment.

Languages

- English
- Spanish
- American Sign Language

LAUNCH, Inc.

Address: 6865 Eastern Avenue NE, Suite 211, Washington, DC 20012
Phone: (202) 291-0951 (office); (202) 359-3730 (on call)
Metro: Red Line - Takoma Park Station
Buses: All 30 buses
Hours: (Saturday and weekend hours by appointment only)

Population Served – Adults & Youths

Services

- **Diagnostic and Assessment**
- **Medication and Somatic Treatment**
- **Community Support**
- **Counseling**
- **Community Based Intervention (CBI) Levels II & III**

Program Summary

LAUNCH, Inc. provides individual and group treatment, (therapy and counseling) to youths with serious and persistent mental illness. **LAUNCH** has a staff of trained counselors, professional licensed mental health clinicians and psychiatrists to assist individuals with their mental health recovery.

Enrollment

To enroll, consumers may either call **LAUNCH** to set up an intake appointment or call the **Access Helpline** for linkage to **LAUNCH**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment.

Languages

- English
- Spanish
- American Sign Language

Life Stride, Inc.

Address: 3005 Bladensburg Road NE, Lower Level Suite C, Washington, DC 20018
2820 Bladensburg Road, NE, Washington, DC 20018
Phone: (202) 635-2320 (office)
(202) 832-3848 Day Rehabilitation Treatment Program
Metro: Red Line- Rhode Island Avenue or Union Station
Buses: B2, B4, B6, B8
Hours: 8:00 am – 7:00 pm Monday
8:00 am – 5:00 p.m. Tuesday thru Thursday
10:00 am - 2:00 p.m. Saturday (Saturday and evening hours by appointment only)

Population Served – Adults, Youths & Families

Services

- Diagnostic and Assessment
- Medication and Somatic Treatment
- Community Support
- Counseling
- Day Rehabilitation Service
- Medicaid Day Rehabilitation Treatment Program
- Adult Group Homes

Program Summary

Life Stride, Inc. (LSI) provides individual and group treatment, (therapy and counseling) to adults, youths and their families with serious and persistent mental illness. **LSI** also provides supportive group home living arrangements for adults in homes along with support services for individuals living independently and/or with families in residences that are located throughout the District of Columbia. **LSI** also operates a comprehensive adult Medicaid Day Rehabilitation Treatment Program. **LSI** has a staff of trained counselors, professional licensed mental health clinicians and psychiatrists to assist individuals with their mental health recovery.

Enrollment

To enroll, consumers may either call **Life Stride, Inc.** to set up an intake appointment or call the **Access Helpline** for linkage to **LSI**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment.

Languages

- English
- Spanish
- American Sign Language

Mary's Center

Address: 2333 Ontario Road NW, Washington, DC 20009
Phone: (202) 483-8319
Metro: Red Line –Woodley; Green Line - Columbia Heights
Buses: 42
Hours: 9:00 am –5:00 pm Monday & Wednesday - Friday, 9:00 am -8:00 pm Tuesday
(Saturday and additional evening hours by appointment only)

Population Served – Adults, Children/Youth & Families

Services

- **Diagnostic and Assessment**
- **Medication and Somatic Treatment**
- **Community Support**
- **Counseling**

Program Summary

Mary's Center provides individual and group treatment, (therapy and counseling) to children, youths, adults and their families with serious and persistent mental illness. **Mary's Center** has a staff of trained counselors, professional licensed mental health clinicians and psychiatrists to assist individuals with their mental health recovery.

Enrollment

To enroll, consumers may either call **Mary's Center** to set up an intake appointment or call the **Access Helpline** for linkage to **Mary's Center**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment.

Languages

- English
- Spanish
- American Sign Language

McClendon Center

Address: 1313 New York Avenue NW, Washington, DC 20005
1338 North Capitol Street NW, Suite 201, Washington, DC 20002
Phone: (202) 737-6191 (New York Avenue)
(202) 745-0073 (North Capitol Street)
Metro: Orange/Blue Line – McPherson Square
Buses: P6, 80, X2, S2, S4
Hours: 8:30 am-5:00pm Monday thru Friday
(Saturday and evening hours by appointment only)

Population Served – Adults

Services

- **Diagnostic and Assessment**
- **Medication and Somatic Treatment**
- **Community Support**
- **Counseling**
- **Day Rehabilitation Service (1313 New York Avenue location only)**

Program Summary

McClendon Center(MCC) provides individual and group treatment, (therapy and counseling) to adults with serious and persistent mental illness. **MCC** has a staff of trained counselors, registered nurses, dietitians, professional licensed mental health clinicians, peer advocates, expressive arts therapists, psychiatrists and community support specialists to assist individuals with their mental health recovery.

Enrollment

To enroll, consumers may either call McClendon Center to set up an intake appointment or call the **Access Helpline** for linkage to **MCC**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment.

Languages

- English

MD/DC Family Resource Center

Address: 6192 Oxon Hill Road, Suite 51, Oxon Hill, MD 20748
903 Brightseat Road, Landover, MD 20785
Phone: (301) 567-8311 (Oxon Hill); (301) 333-2980 (Landover)
Metro: Green Line - Southern Avenue Station (Oxon Hill); Orange Line – Landover Station
Blue Line – Addison Road Station
Buses: D12, W13 (Oxon Hill); C22, The Bus 22 (Landover Location)
Hours: 9:00 am – 5:00 pm Monday thru Friday (Oxon Hill Location)
(Saturday and evening hours by appointment only – Oxon Hill Location)
9:00 am – 9:00 pm Monday thru Thursday (Landover Location)
9:00 am – 5:00 pm Friday
9:00 am – 1:00 pm Saturday (Saturday and evening hours by appointment)

Population Served – Child, Youths & Families

Services

- Diagnostic and Assessment
- Medication and Somatic Treatment
- Community Support
- Counseling

Program Summary

MD/DC Family Resource Center provides individual and group treatment, (therapy and counseling) to youths with serious and persistent mental illness. We primarily serve children under the care of the **District of Columbia Child and Family Services Agency (CFSA)**. **MD/DC Family Resource Center** has a staff of trained counselors, professional licensed mental health clinicians and psychiatrists to assist individuals with their mental health recovery.

Enrollment

To enroll, consumers may either call **MD/DC Family Resource Center** to set up an intake appointment or call the **Access Helpline** for linkage to **MD/DC Family Resource Center**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment.

Languages

- English

Neighbors Consejo

Address: 3118 16th Street NW, Washington, DC 20019
Phone: (202) 234-6855
Metro: Green Line - Columbia Heights Station
Buses: H8
Hours: 9:00 am – 5:00 pm Monday thru Friday
(Saturday and evening hours by appointment only)

Population Served – Youths & Adults

Services

- **Diagnostic and Assessment**
- **Medication and Somatic Treatment**
- **Community Support**
- **Counseling**
- **Day Rehabilitation Service**

Program Summary

Neighbors Consejo has a primary focus on Spanish and Latin youths and adults with a special focus on families. **Neighbors Consejo** provides individual and group treatment, (therapy and counseling) to youths with serious and persistent mental illness. **Neighbors Consejo** has a staff of trained counselors, professional licensed mental health clinicians and psychiatrists to assist individuals with their mental health recovery.

Enrollment

To enroll, consumers may either call **Neighbors Consejo** to set up an intake appointment or call the **Access Helpline** for linkage to **Neighbors Consejo**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment.

Languages

- English
- Spanish

Progressive Life

Address of Primary Site: 1933 Montana Ave NE Washington, DC 20002

Address of Secondary Site: 8800 Jericho City Drive Landover, MD 20785

Phone: (202)349-8900 or (202)842-2016

Metro: Rhode Island Ave Metro Station (closest)

Buses: B2 from Anacostia/Mt Rainer; E2 from Friendship Heights/Ivy City

Hours: Monday, Tuesday & Thursday 830am -700pm; Wednesday 830am-800pm; Friday 830am-500pm and Saturday 900am-1pm

Population Served – Children, Adolescents, Adults, Couples and Families

Services

- Diagnostic and Assessment
- Medication and Somatic Treatment
- Community Support
- Counseling
- Mentoring

Program Summary

Progressive Life Center, Inc. (PLC) has developed an array of social, behavioral, and child welfare services combining core principles of ancient African worldview with Western techniques of humanistic psychology targeting troubled young people and families of minority communities.

Enrollment

To enroll, consumers may either call **Progressive Life Center, Inc** to set up an intake appointment or call the Access Helpline for linkage to **Progressive Life Center, Inc**. If no one is available to give you an appointment, Access Helpline will leave a message for you requesting someone to contact you for an intake appointment.

Languages

English
Spanish
American Sign Language

PSI

Address: 770 M Street SE, Washington, DC 20003

Phone: (202) 547-3870

Metro: Blue Line - Navy Yard Station; Blue/Orange Line – Eastern Market Station

Buses: N22, P2, V7, 90, 92

Hours: 8:30 am – 7:00 pm Monday thru Friday

9:00 am – 3:00 pm Saturday (Saturday and evening hours by appointment only)

Population Served – Youths, Children & Families

Services

- **Diagnostic and Assessment**
- **Medication and Somatic Treatment**
- **Community Support**
- **Counseling**

Program Summary

PSI provides individual and group treatment, (therapy and counseling) to youths with serious and persistent mental illness. **PSI** has a staff of trained counselors, professional licensed mental health clinicians and psychiatrists to assist individuals with their mental health recovery.

Enrollment

To enroll, consumers may either call **PSI** to set up an intake appointment or call the **Access Helpline** for linkage to **PSI**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment.

Languages

- English
- Spanish
- American Sign Language

Psychiatric Center Chartered

Address: 3001 Bladensburg Road NE, Washington, DC 20018
Phone: (202) 635-3577
Metro: Red Line- Rhode Island Avenue or Union Station
Buses: B2, B4, B6, B8
Hours: 8:00 am – 9:00 pm Monday & Wednesday
8:00 am – 6:00 pm Tuesday, Thursday, Friday
9:00 am -1:00 pm Saturday (Saturday and evening hours by appointment only)

Population Served – Adults

Services

- Diagnostic and Assessment
- Medication and Somatic Treatment
- Community Support
- Counseling
- Foster Care and Extended Family Placement through PCC Stride
- Substance Abuse Education
- Developmental Disability Services
- Emergency Services

Program Summary

Psychiatric Center Chartered (PCC) is a comprehensive facility serving the needs of the residents of the Greater Washington Metropolitan area. **PCC** was founded through a partnership of psychiatrists devoted to serving clients in their communities beyond the traditionally offered services. In 1973 **PCC** opened its doors with the mission of promoting the holistic care of individuals so that they may live more productively with choice and dignity. The goal of **PCC's** programs is to provide medically necessary services, in the least restrictive environment.

Enrollment

To enroll, consumers may either call **PCC** to set up an intake appointment or call the **Access Helpline** for linkage to **PCC**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment.

Languages

- English
- Spanish
- American Sign Language

RCI DC Counseling Center

Address: 2526 Pennsylvania Avenue, SE, Washington, DC 20020

Phone: (202) 581-6328

Fax: (202) 581-6340

Metro: Green Line – Naylor Road Station

Orange Line – Minnesota Ave. Station

Buses: 32, 34, 35, 36, J13, K11, M6

Hours: 8:00 am- 5:00 pm Monday - Friday

(Evening and Saturday times by appointment)

Population Served- Adults, Children/Youth and Families

Services

- Diagnostic and Assessment
- Medication and Somatic Treatment
- Counseling
- Community Support

Program Summary

RCI DC Counseling Center is a Core Service Agency. RCI DC Counseling Center provides a comprehensive range of outpatient mental health services for adults, children adolescents, and their families. RCI DC Counseling Center has a staff of trained professional licensed mental health clinicians and psychiatrists to assist consumers and their families with their mental health recovery. Specialty areas include geriatric mental health services as well as assisting children/adolescents with mental health issues associated with foster care placement.

Enrollment

To enroll, consumers may either call **RCI DC Counseling Center** to set up an intake appointment or call the Access Helpline for linkage to **RCI DC Counseling Center**.

Languages

- English
- Spanish
- Cantonese
- Mandarin

Scruples Corporation

Address: 2811 Pennsylvania Avenue SE, Washington, DC 20020

Phone: (202) 581-2455

Metro: Blue/Orange - Potomac Avenue Station

Buses: M6, 35, B2, V7

Hours: 9:00 am – 8:00 pm Monday – Friday

9:00 am – 1:00 pm Saturday (Saturday and evening hours by appointment only)

Population Served – Youths & Adults

Services

- **Diagnostic and Assessment**
- **Medication and Somatic Treatment**
- **Community Support**
 - **Anger Management (Youth Only)**
 - **Communicating Through Art (Youth Only)**
- **Counseling**

Program Summary

Scruples Corporation provides individual and group treatment, (therapy and counseling) to youths and adults with serious and persistent mental illness. **Scruples Corporation** has a staff of trained counselors, professional licensed mental health clinicians and psychiatrists to assist individuals with their mental health recovery.

Enrollment

To enroll, consumers may either call **Scruples Corporation** to set up an intake appointment or call the **Access Helpline** for linkage to **Scruples Corporation**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment.

Languages

- English
- Spanish
- American Sign Language

Universal Healthcare Management Services, Inc.

Address: 3230 Pennsylvania Ave. SE
Phone: (202) 583-1181
Fax: (202) 583-1186
Metro: Orange/Blue Line -Potomac Ave
Buses: M6, 35, 36
Hours: 9:00 am - 6:00 pm Monday thru Friday
(Saturday and evening hours by appointment only)

Population Served – Children, Youths & Families

Services

- **Diagnostic and Assessment**
- **Medication and Somatic Treatment**
- **Community Support**
- **Counseling**

Program Summary

Universal Healthcare Management Services, Inc. (UHMS) goal is to provide each consumer with the highest quality mental health care in a professional, efficient and pleasant atmosphere and to strongly encourage the prevention of future onsets. Our teams consist of individuals who are excited about what they do, are motivated to achieve results and have high standards of integrity.

Enrollment

Consumers may either call the access help line up an intake appointment or call the **Access Helpline** for linkage to **Universal Healthcare Management Services, Inc.** The **Access Helpline** can assist you to contact **UHMS** to make an appointment. Self referral and commercial insurance are welcome

Languages

- English
- Spanish
- American Sign Language

Volunteers of America Chesapeake, Inc.

Address: 1330 New Hampshire Avenue NW, Washington, DC 20036
Phone: (202) 223-9630
Metro: Red Line- Dupont Circle Station (1 ½ blocks away)
Buses: D1, D3, D6, H1, L1 Stops in front of building
Hours: 9:00 am – 6:00 pm Monday, Wednesday & Friday (After 5 by appointment)
9:00 am - 9:00 pm Tuesday & Thursday (After 5 by appointment)
Saturday - By Appointment Only

Population Served – Adults (18 & over)

Services

- Diagnostic and Assessment
- Medication and Somatic Treatment
- Community Support
- Counseling (Individual & Group)
- Employment Assistance

Program Summary

Volunteers of America Chesapeake, Inc (VOAC) provides individual and group treatment (therapy and counseling) to adults, including homeless adults, who are living with serious and persistent mental illness. **VOAC** has a staff of trained counselors, professional licensed mental health clinicians and psychiatrists to assist individuals with their mental health recovery. Program also assists enrolled consumers with employment preparation. Program accepts several types of insurances for payment but no one is turned away because of inability to pay.

Enrollment

To enroll, consumers may either call **Volunteers Of America Chesapeake, Inc.** to set up an intake appointment or call the **Access Helpline** for linkage to **VOAC**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment.

Languages

- English
- American Sign Language (moderate)
- Patois/Creole

Washington Hospital Center

Address: 216 Michigan Avenue NE, Washington, DC 20017

Phone: (202) 877-6333

Metro: Red Line- Brookland - CUA Station

Buses: D8, H1, H2, H3, H4, 80

Hours: 8:30 am – 9:00 pm Monday & Thursday; 8:30 am - 8:00 pm Tuesday & Wednesday
8:30 am – 6:00 pm Friday; 8:30 am – 2:00 pm Saturday

Population Served – Adults

Services

- **Diagnostic and Assessment**
- **Medication and Somatic Treatment**
- **Community Support**
- **Counseling**
- **Day Rehabilitation Service**

Program Summary

Washington Hospital Center (WHC) provides community support, medication management individual and group treatment, (therapy and counseling) to adults with serious and persistent mental illness. **WHC** has a staff of trained community support workers, counselors, professional licensed mental health clinicians and psychiatrists to assist individuals with their mental health and substance abuse recovery.

Enrollment

To enroll, consumers may either call **Washington Hospital Center** to set up an intake appointment or call the **Access Helpline** for linkage to **WHC**. If no one is available to give you an appointment, **Access Helpline** will leave a message for you requesting someone to contact you for an intake appointment.

Languages

- English



**Department of Mental Health
Sub Provider Agency
Listings**

Affordable Behavioral Consultants, Inc.

Address: 212 Riggs Road NE, Washington, DC 20011
1400 Mercantile Lane, Suite 206, Largo, MD 20774
Phone: (202) 636-4520 (DC); (301) 386-7722 (MD)
Metro: Red Line- Fort Totten Station
Buses: 80
Hours: 9:00 am – 6:00 pm Monday, Wednesday & Friday
9:00 am – 6:00 pm Tuesday & Thursday
9:00 am – 2:00 pm Saturday

Population Served – Children, Adolescents, Adults & Families

Services

- **Diagnostic and Assessment**
- **Medication and Somatic Treatment**
- **Community Support**
- **Counseling**
- **Community Based Intervention (CBI) Levels II & III**

Program Summary

Affordable Behavioral Consultants, Inc. (ABC) provides individual, family and group treatment, (therapy and counseling) to children and adolescents experiencing phase of life issues, changes in placements, adjustment issues, crises, and histories of abuse and neglect, for example. **ABC, Inc.** has a staff of trained providers and professionally licensed mental health clinicians and psychiatrists to assist individuals with their mental health recovery. **ABC** is also a service element for **Life Stride, Inc.** and is responsible for the provision of sub-provider services for children, youth and families who are enrolled in the Core Services Agency (**CSA**) of **Life Stride, Inc.**

Enrollment

Affordable Behavioral Consultants, Inc. as a sub-provider does not take walk-in referrals or direct referrals from the **Access Helpline**. All referrals must be made in collaboration with the Consumer's **Core Services Agency (CSA)** of **Life Stride, Inc.** to receive services from **ABC**.

Languages

- English

Careco Mental Health Services, Inc.

Address: 6323 Georgia Avenue NW, Suite 206, Washington, DC 20011
Phone: (202) 737-2554 ext 1397
Metro: Red Line – Takoma Park Station
Buses: 70
Hours: 8:30 am – 5:00 pm Monday thru Friday
(Saturday and evening hours by appointment only)

Population Served – Adults

Services

- **Community Support**

Program Summary

Careco Mental Health Services, Inc. is a sub-provider of community support services for consumers enrolled with affiliated Core Service Agencies (**CSA's**). **Careco** provides these services to individuals living throughout the District of Columbia. **Careco** strives to work with the consumer where they are, therefore most services are provided in the individual's home or in other community settings.

Enrollment

Careco Mental Health Services, Inc. as a sub-provider does not take walk-in referrals or direct referrals from the **Access Helpline**. All referrals must be made in collaboration with the Consumer's **Core Services Agency (CSA)**.

Languages

- English

Deaf-REACH

Address: 3521 12th Street NE, Washington, DC 20017

Phone: (202) 832-6681 Voice/TTY
Relay 711

Video Relay –for hearing caller to connect with interpreter use 866-500-9662 Ext 601,
for deaf callers us 600.cacvpty

Metro: Red Line- Brookland Station

Buses: 80, H8, G8

Hours: 9:00 – 5:00 Monday - Friday

Population Served – Adults

Services

- **Diagnostic and Assessment**
- **Community Support**
- **Counseling**

Program Summary

Deaf-REACH provides individual and group counseling, community support to deaf and hard of hearing adults with serious and persistent mental illness. **Deaf-REACH** has a staff of trained counselors, professional licensed mental health clinicians and psychiatrists to assist individuals with their mental health recovery.

Enrollment

Deaf-REACH is a sub-provider and does not take walk-in referrals or direct referrals from the **Access Helpline**. All referrals must be made in collaboration with the Consumer's **Core Services Agency (CSA)**.

Languages

- English
- Spanish Sign Language
- American Sign Language
- Minimal Language Skills

Pride Youth Services, Inc.

Address: 3230 Pennsylvania Avenue SE, Washington, DC 20020

Phone: (202) 575-0238

Metro: Green Line- Naylor Road Station

Buses: 35, 36, J13, M6

Hours: By appointment only

Population Served – Youth (Ages 12-21)

Services

- **Community Support**
- **Counseling**

Program Summary

Pride Youth Services (PYS) provides individual and group treatment, (therapy and counseling) to youths with serious and persistent mental illness. **PYS** has a staff of trained counselors, professional licensed mental health clinicians and psychiatrists to assist individuals with their mental health recovery.

Enrollment

PYS is a sub-provider and does not take walk-in referrals or direct referrals from the **Access Helpline**. All referrals must be made in collaboration with the Consumer's **Core Services Agency (CSA)**.

Languages

- English

St. Paul's House, Inc.

Address: SE, Washington, DC 20020
Phone: (202) Metro: Green Line- Naylor Road Station
Buses: 35, 36, J13, M6
Hours: By appointment only

Population Served – Adults

Services

- **Community Support**

Program Summary

St. Paul's House provides community support to individuals in CRF housing with a mental illness. **St. Paul's** has a staff of trained mental health clinicians to assist individuals with their mental health recovery.

Enrollment

St. Paul's is a sub-provider and does not take walk-in referrals or direct referrals from the **Access Helpline**. All referrals must be made in collaboration with the Consumer's **Core Services Agency (CSA)**.

Languages

- English

Woodley House, Inc.

Address: 1221 Taylor Street NW, Washington, DC 20011

Phone: (202) 328-4069

Metro: Green Line- Georgia Avenue/Petworth Station

Buses: 60, 61, 62, 70, 71, 72

Hours: 9:00 am – 5:00 pm Monday thru Friday (Residential Programs 24/7)

Population Served – Adults

Services

- **Community Support**
- **Community Residential Facilities (CRF)**

Program Summary

Woodley House, Inc. (WHI) provides individual and group treatment to adults living in the **WHI** Residential Programs. **WHI** has a staff of Skills Training Specialists and Residential Counselors to assist individuals with their mental health recovery.

Enrollment

WHI is a sub-provider and does not take walk-in referrals or direct referrals from the **Access Helpline**. All referrals must be made in collaboration with the Consumer's **Core Services Agency (CSA)**.

Languages

- English
- Spanish



**Department of Mental Health
Specialty Provider
Listings**

Pathways to Housing DC

Address: 101 Q St., NE, Suite G, Washington, DC 20002
Phone: (202) 529-2972 (office); (202) 320-2255 (on call 24/7)
Metro: New York Ave. Station/Red Line
Buses: 80, 90
Hours: Office Hours: 10:00 am to 3:30 pm

Population Served – Chronically homeless adults

Services

- **Diagnostic and Assessment**
- **Medication and Somatic Treatment**
- **Community Support**
- **Counseling**
- **Assertive Community Treatment (ACT)**

Program Summary

Pathways to Housing (PTH) provides Assertive Community Treatment (ACT) services, the majority of which is provided in the community. These services are provided by the ACT team in individual and group treatment, (therapy and counseling) to chronically homeless adults with serious and persistent mental illness. **PTH** has a staff of trained counselors, professional licensed mental health clinicians, a nurse, a peer counselor and psychiatrists to assist individuals with their mental health recovery.

Enrollment

To enroll, consumers must meet the criteria for **Assertive Community Treatment (ACT)** Services. Consumers also must be homeless for a year or more. Consumers may call **Pathways to Housing** directly to inquire about services or call the **Access Helpline** for linkage to a Core Services Agency (**CSA**) and **PTH**. If already connected to a **CSA**, the referral must be made through the **ACT Program Director of the District of Columbia Department of Mental Health**. **PTH** is available to go out on the street to engage individuals.

Languages

- English

Youth Villages

Address: 2020 North 14th Street, Suite 310, Arlington, VA 22201

Phone: (703) 516-6940

Metro: Courthouse Station - Orange Line

Buses: 4B, 38B

Hours: 9:00 am – 5:00 pm Monday thru Friday/On call (24/7)

Population Served – Youth (10-17)

Services

- **Community Based Intervention (CBI) Level I**

Program Summary

Youth Villages provides Community Based Intervention (CBI) Level 1 with Multisystemic Therapy (**MST**) which is an evidence-based treatment modality. This program serves youth between the ages of 10-17 who are at-risk of out-of-home placement and who are involved with Child and Family Services Agency (**CFSA**), Department of Youth Rehabilitation Services (**DYRS**) or Court Social Services (**CSS**). **Youth Villages** has a staff of trained counselors who provide intensive family counseling in the consumer's home, school and community using the MST model. Counselors meet with the youth and their family multiple times each week and are on-call for crisis intervention and support 24/7.

Enrollment

To enroll, consumers must meet the admission criteria for CBI Level 1 Services. Consumers may either call their social worker/probation officer at CFSA/DYRS/CSS or their Core Services Agency (**CSA**) to request a referral to **Youth Villages**. Consumers may also call **Youth Villages** directly to inquire about services or call the **Access Helpline** for linkage to a Core Services Agency and **Youth Villages**.

Languages

- English
- Spanish

MHRS SERVICES DESCRIPTIONS	
MHRS SERVICE	MHRS SERVICE DESCRIPTION
Assertive Community Treatment (ACT)	<p>Assertive Community Treatment (ACT) is an intensive integrated rehabilitative, crisis, treatment and mental health rehabilitative community support provided by an interdisciplinary team to adults with persistent mental illness. ACT services are provided to Consumers in accordance with the IRP/IPC with dedicated staff time and specific staff to Consumer ratios. Service coverage by the ACT Team is required twenty-four (24) hours per day, seven (7) days per week. The Consumer's ACT Team shall complete a comprehensive or supplemental assessment and develop a self care-oriented Individualized Service Specific Plan (ISSP) (if a current and effective one does not already exist.)</p> <p>Services offered by the ACT Team shall include:</p> <ol style="list-style-type: none"> 1. Mental health-related medication prescription, administration, and monitoring; 2. Crisis Assessment and intervention; 3. Symptom assessment, management and individual supportive therapy; 4. Substance abuse treatment for Consumers with a co-occurring addictive disorder; 5. Psychosocial rehabilitation and skill development; 6. Interpersonal social and interpersonal skill training; and 7. Education, support and consultation to Consumers' families and/or their support system, this is directed exclusively to the well-being and benefit of the Consumer. <p>Assertive Community Treatment shall include a comprehensive and integrated set of medical and psychosocial services for the treatment of the Consumer's mental health condition that is provided in non-office settings by the Consumer's ACT team. The ACT team provides community support services that are interwoven with treatment and rehabilitative services and regularly scheduled team meetings.</p>
Community-Based Intervention (CBI)	<p>Community-Based Intervention (CBI) services are time-limited intensive mental health intervention services delivered to children and youth ages six (6) through twenty-one (21). CBI services are intended to prevent the utilization of an out-of home therapeutic resource or detention of the consumer. CBI services may be provided at the time a child or youth is identified for a service, particularly to meet an urgent or emergent need during his or her course of treatment.</p> <p>CBI Level I - A documented behavioral concern with externalizing (aggressive or violent) behaviors, a history of chronic juvenile offenses that has or may result in involvement with the juvenile justice system, have a permanent caregiver who is willing to participate with service providers for the duration of CBI Level I treatment, not require inpatient care, and not living in independent living or in a temporary placement.</p> <p>CBI Level II - have any one or combination of the following: A history of involvement with the Child and Family Services Agency (CFSA) or the Department of Youth Rehabilitation Services (DYRS); a history of negative involvement with schools for behavioral-related issues; or a history of either chronic or recurrent episodes of negative behavior that have or may result in out-of-home placement, not require inpatient care.</p>

	<p>CBI Level III - Has situational behavioral problems that require short-term, intensive treatment, Is currently dealing with stressor situations such as trauma or violence and requires development of coping and management skills, Recently experienced out of home placement and requires development of communication and coping skills to manage the placement change, Is undergoing transition from adolescence to adulthood and requires skills and supports to successfully manage the transition, Is an adult parent or caregiver with a clinically significant mental health concern and the parent or caregiver will be parenting a child or youth returning from a residential treatment center within the next ninety (90) days.</p>
<p>Community Support</p>	
	<p>Community Support services are rehabilitation supports considered essential to assist the Consumer in achieving rehabilitation and recovery goals. Community Support services focus on building and maintaining a therapeutic relationship with the Consumer.</p> <p>Community Support activities include:</p> <ol style="list-style-type: none"> 1. Participation in the development and implementation of a Consumer's IRP/IPC and Community Support Individualized Service Specific Plan (ISSP). 2. Assistance and support for the Consumer in stressor situations. 3. Mental health education, support and consultation to Consumer's families and/or their support system, which is directly exclusively to the well-being and benefit of the consumer. 4. Individual mental health service and support intervention for the development of interpersonal and community coping skills, including adapting to home, school and work environments. 5. Assisting the Consumer in symptom self-monitoring and self-management, for the identification and minimization of the negative effects of psychiatric symptoms which interfere with the Consumer's daily living, financial management, personal development or school or work performance. 6. Assistance to the Consumer in increasing social support skills and networks that ameliorate life stresses resulting from the Consumer's mental illness or emotional disturbance and is necessary to enable and maintain the Consumer's independent living. 7. Developing strategies and supportive mental health interventions for avoiding out-of-home placement for adults, children and youth and building stronger family support skills and knowledge of the adult, child, or youth's strengths and limitations. 8. Developing mental health relapse prevention strategies and plans.
<p>Core Services Agency (CSA)</p>	
	<p>Core Services Agency is a DMH- certified community- based Mental Health Rehabilitative Services (MHRS) provider that has entered into a Human Care Agreement with DMH to provide specified MHRS.</p> <p>Each Core Services Agency shall:</p> <ol style="list-style-type: none"> 1. Serve as the clinical home for the consumer it enrolls. 2. Be responsible for ensuring that IRPs/IPC are developed and approved for its enrolled consumers. 3. Provide clinical management for its enrolled consumers. <p>placement for adults, children and youth and building stronger family support skills and knowledge of the adult, child, or youth's strengths and limitations.</p>

Counseling	
	<p>Counseling services are individual, group or family face-to-face services for symptom and behavior management; development, restoration or enhancement of adaptive behaviors and skills; and enhancement or maintenance of daily living skills. Adaptive behaviors and skills and daily living skills include those skills necessary to access community resources and support systems, interpersonal skills and restoration or enhancement of the family unit and/or support of the family. Mental health support and consultation services provided to Consumers' families are reimbursable only when such services and supports are directed exclusively to the wellbeing and benefit of the Consumer.</p>
Crisis/ Emergency	
	<p>Crisis/Emergency is a face-to-face or telephone immediate response to an emergency situation involving a Consumer with mental illness or emotional disturbance that is available twenty-four (24) hours per day, seven (7) days per week. Crisis/Emergency services are provided to Consumers involved in an active mental health crisis and consist of immediate response to evaluate and screen the presenting situation, assist in immediate crisis stabilization and resolution and ensure the Consumer's access to care at the appropriate level. Crisis/Emergency services may be delivered in natural settings and the Crisis/Emergency provider shall adjust its staffing to meet the requirements for immediate response. Each Crisis/Emergency provider shall obtain consultation, locate other services and resources, and provide written and oral information to assist the Consumer in obtaining follow-up services. Each Crisis/Emergency provider shall also be a DMH-certified provider or a Core Services Agency's (CSA's) affiliated Sub-provider to assure the provision of necessary hospital pre-admission screening.</p>
Diagnostic/ Assessment	
	<p>A Diagnostic /Assessment is an intensive clinical and functional evaluation of a Consumer's mental health condition that results in the issuance of a Diagnostic Assessment Report with recommendation for service delivery that provides the basis for the development of an Individualized Recovery Plan (IRP) for adults or an Individualized Plan of Care (ICP) for children and youth. A Diagnostic/Assessment shall determine whether the Consumer is appropriate for and can benefit from Mental Health Rehabilitation Services (MHRS), based upon the Consumer's diagnosis, presenting problems and recovery goals. The Diagnostic/Assessment shall also evaluate the Consumer's level of readiness and motivation to engage in treatment.</p>

Intensive Day Treatment	
	<p>Intensive Day Treatment is a structured, intensive and coordinated acute treatment program that serves as an alternative to acute inpatient treatment or as a step-down service from inpatient care, rendered by and inter-disciplinary team to provide stabilization of psychiatric impairments. Intensive Day Treatment services are rendered only in the setting of a DMH-certified Community Mental Health Rehabilitation Services Agency and are not eligible for reimbursement when provided in the home, community setting or residential facility of 16 beds or less. Intensive Day Treatment shall be time-limited and provided in an ambulatory setting for no less than five (5) hours a day, seven (7) days a week. Daily physician and nursing services are essential components of this service.</p> <p>Intensive Day Treatment offers short-term, day programming consisting of therapeutically intensive, acute and active treatment. The Intensive Day Treatment provider shall provide services that closely resemble the intensity and comprehensiveness of inpatient services. Intensive Day Treatment shall include psychiatric, medical, nursing, social work, occupational therapy, medication and somatic treatment and psychology services focusing on timely crisis intervention and psychiatric stabilization so that Consumers can return to their normal daily lives. Intensive Day Treatment services shall only be provided to Consumers who are not at danger but have behavioral health issues that are incapacitating and interfering with their ability to carry out daily activities.</p>
Rehabilitation/Day Services	
	<p>Rehabilitation/Day Services is a structured clinical program intended to develop skills in foster social role integration through a range of social, psycho educational, behavioral and cognitive mental health interventions. Rehabilitation/Day Services are rendered only in the setting of a DMH-certified Community Mental Health Rehabilitation Services Agency and are not eligible of reimbursement when provided in the home, community setting or residential facility of 16 beds or less. Rehabilitation/Day Services are curriculum-driven and psycho educational and assist the Consumer in the retention or restoration of community living, socialization and adaptive skills. Rehabilitation/Day Services include cognitive-behavioral interventions and diagnostic, psychiatric, rehabilitative, psychosocial, counseling and adjunctive treatment. Rehabilitation/Day Services are offered most often in group settings, and may be provided individually.</p> <p>Rehabilitation/Day Services shall facilitate the development of a Consumer's independent living and social skills, including the ability to make decisions regarding: self-care, management of illness, life, and work and community participation. The services promote the use of resources to integrate the Consumer into the community.</p> <p>Rehabilitation/Day Services shall be founded on the principles of Consumer choice and the active involvement of persons in their mental health recovery and provide both formal and informal structures through which Consumers can influence and shape service development.</p> <p>Rehabilitation/Day Services shall include education on self-management of symptoms, medications, and side effects; identification of rehabilitation preferences; setting rehabilitation goals; and skills teaching and development.</p>

Specialty Provider	
	Specialty Provider is a community-based organization MHRS provider certified by DMH to provide specialty services through contract. Each Specialty Provider shall enter into an affiliation agreement with each DMH-certified CSA.
Subprovider	
	Subprovider is a community-based organization certified by DMH to provide one or more core service(s) through an affiliation agreement with a CSA.